



d) SEN and Bereavement

Autism

Below are some links to resources aimed at helping young people on the autistic spectrum at times of loss:

Advice Sheets

https://www.autismspectrum.org.au/uploads/documents/Fact%20Sheets/Factsheet_Explaining-death-and-coping-with-loss_20170313.pdf

<https://www.autism.org.uk/about/family-life/bereavement.aspx>

Social Stories around Death and Grief:

<http://pathfindersforautism.org/wp-content/uploads/2017/01/social-story-about-death-and-grieving.pdf>

<https://carolgraysocialstories.com/wp-content/uploads/2015/10/Spring-2003-ISSUE.pdf>

General Learning Difficulties

Some on-line resources designed to help support individuals with cognitive disabilities around bereavement can be found at:

[Scope](#) (An Australian disability support service) have developed a a very user friendly booklet. There are two sections the first takes the form of a very visual, social story aimed at people with SEN that takes them through the various elements of loss and bereavement (e.g. “Cycle of Life”, “Grief”, “What Helps” etc.). The second section is aimed at those who have support roles, giving, for example, an insight into how cognitive and communication factors can have an impact upon those with SEN at this time.

[Griefspeaks](#) provides a concise set of recommendations for those working with children with SEN at times of loss-language to use, activities to encourage, helpful rituals and “Do’s and Don’ts” for school staffs.

[Mencap](#) offer materials aimed at explaining loss and death to people with learning disabilities. Includes literature with focus on very specific aspects such as “What Can I do to Feel Better”, “Going to a Funeral” etc.